

How To Pick Up Chicks in Five Simple Steps

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About The Five Steps

Hey, I'm Renaissan. I'm about to give you the approach I've used to pick up chicks successfully.

I figured this out through a lot of practice. Eight months worth. Going out four to five nights a week, approaching ten to twenty women a night. So, there're some sweat and tears behind this approach.

But it works.

Works in the nighttime. In the daytime. To get same day lays. To get threesomes. To even picking up strippers.

It works because this approach incorporates the fundamentals of game.

Now, don't get me wrong. These aren't absolute laws. They're guidelines.

But because women ask themselves certain questions when a "strange" guy approaches her, and because certain components need to be in place to make a spark happen, this approach works awesome.

And you can adapt it to any situation you like.

In fact, each time an approach didn't go well for me, I'd think about why, and I'd realize it was because I hadn't taken one of the five steps.

The opposite was true, too. When I thought about why an approach kicked ass, it was because I had taken ALL five steps.

Cool, right?

So, ALL five steps are key. Leave one out, it won't work as well. Take each one, your success-rate will sky-rocket.

But even cooler: Figuring out these five steps went beyond better approaches. It was also kinda life-changing. I became more outgoing in the process, more confident, assertive, funnier, and I learned how to connect with people better. I know this approach will do the same for you.

Now, before I dig into the five steps, I wanna pay homage to three teachers (besides the field) that helped me figure this out.

The first teacher was Lance Mason from “ArtOfAttraction.com.” He put out a FANTASTIC product called “Charismatic Conversations.” From him I learned how to play-fight. It’s key to making that initial spark happen.

Play-fighting is “playful dominance” or “playful conflict.” Makes sparks fly. Again, it’s THE way to attract women right off the bat.

My second teacher was Mystery. These five steps are based on his structure, the Mystery Method.

See, you can do what a lot of guys do and wing it flying blind, or you can go in prepared, having a map, and knowing where to lead an interaction. With structure comes freedom. The Mystery Method turned the lights on in a dark room for me and gave me freedom and leadership in my approaches.

My third teacher was Nicolas Boothman. He helped me understand WHY the structure of the Mystery Method works so well.

Let me pause a sec and get into that. ‘Cause it’s so important to understanding how this approach works.

Boothman wrote a book called “How To Make Someone Fall In Love With You In Ninety Minutes Or Less.”

Yes, the title’s gimmicky. But there was an insight in there (on page 4 actually) that changed my game for the better.

He talked about a series of experiments a psychologist named Arthur Aron from the University of California did.

Basically, Aron wanted to find out what made two people fall in love. Here's what he discovered.

He discovered three things had to be present: (1) Sexual tension, (2) mutual self-disclosure, and (3) feeling liked.

When I read that, a light bulb went off inside me. That's why Mystery Method worked so well! Because it incorporates each of those things.

It made me look at the Mystery Method in a new way. DHV (Demonstrating you've got High Value) and qualification weren't separate from each other as I had thought. They were linked. They were two parts of what Boothman called "mutual self-disclosure."

When I applied this aha moment to my game, let's just say it was a HUGE turning point.

Here were the five steps I learned to take every time I approached:

(1) First, I'd open. I'd do that by letting a girl (or group of girls) know WHY I approached, and that I wasn't a psycho.

(2) Second, I'd play-fight with a girl (these are like Mystery's negs). This step created sexual tension.

Now, let me say here there ARE other ways to create sexual tension. For example, you can do it with eye contact. That is, glancing at her, seeing she caught you, then looking away.

Or, you could do it by telling a girl you're interested in her, but with the attitude, "I'm not trying to get in your pants. Don't care if I 'get' you. I'm fine with or without you. Just giving some love," and really DO have the willingness to walk away.

But I like the “play-fighting” method because it’s such an easy way to create sexual tension consistently, especially if you’re gonna be approaching a lot... which I recommend.

Whichever method you choose, you have to create sexual tension no later than the second sentence coming outta your mouth.

(3a) Third, after me and my girl share a laugh, I’d share who I was (this is like Mystery’s DHV). The first half of mutual self-disclosure.

By the way, there’re three counter-intuitive ideas at work in this step.

First, have you ever seen a guy ask a girl a zillion questions when he first approaches her before she knows anything about him? And then he expects her to divulge everything about herself?

You’re like, “Simmer down there eager beaver,” right? (Actually, I’ve been there myself. *Sheepish smile*)

But it creates ZERO attraction. And just makes her feel interrogated.

So, the first idea’s to give before taking. Share yourself before asking about her.

‘Cause in a way, questions take value, answers give value. So by self-disclosing first, I give value. That’ll make her far more comfortable to share herself with a “stranger” in return. See what I’m saying?

The second counter-intuitive idea is to be prepared before you approach. That is, have three topics of conversation to rock n roll even before you open.

See, most of us try to wing it and pray great conversation will magically happen.

But if you have interesting topics and icebreakers prepared ahead of time, you guarantee you’ll make good conversations happen on purpose.

The third counter-intuitive idea is to have at least THREE topics you can talk about with a girl off the hop.

Usually, most of us will open just one topic and exhaust it. Then we run out of things to talk about, get that awkward pause, and don't know what to say next.

To avoid that, I learned this simple trick from Mystery.

Open three topics off the bat. Don't complete each in a linear way, one after the other. Keep a couple open-ended. Now you've always got something to talk about. When you don't know what to say next, you can say: "What were we saying? Oh yeah. The Hollywood sign..."

Plus it's intriguing. It's like stopping a TV show in the middle of a cliff-hanger. By not giving away the whole store yet, you want more. Or it's like giving a gift in wrap paper. Not knowing what's inside yet makes it more exciting.

Not to mention cutting between topics breathes life to conversation. It quickens the pace... like an MTV music video. When you're dealing with ADD in the field, it helps to be like an MTV music video. Also allows you to NOT act like a stilted "stranger." But to act more natural and to take the lead.

By the way, make one of your three topics a qualifier. And guess what? You've naturally set yourself up to ask about her in turn. The second part of mutual self-disclosure.

(3b) After self-disclosing, I ask about her (like Mystery's qualification). Again, qualification isn't separate from the DHV, they're linked. Qualification is inviting HER to self-disclose. But because I went first, she feels WAY more comfortable sharing now. Plus she gets to work, while I lean back and listen.

After all, attraction is a two-way street. If you do all the work, you're not gonna attract the girl. She's gotta work to attract you, too. Another killer insight from Mystery. Yeah, the man's a genius.

Anyway, your response to her self-disclosure is the last thing we need to “fall in love”... that is, expressing you like her for legitimate reasons.

(4) Fourth, I can now compliment her and tell her I like her... for legitimate reasons (like Mystery’s SOI or statement-of-interest). A legitimate reason because it’s based on something SPECIFIC she’s just said.

Which seamlessly sets me up to...

(5) Fifth, close. “Isolate” her from her friends so I can have a one-on-one for like twenty minutes. Or invite her to grab a cup of coffee if I’ve met her during the day. Or if I can’t have that “instant-date” now, exchange digits and set-up a Day 2 for later.

That’s it. Those are the five simple steps. Takes five minutes or less.

Think of this approach as a hook. A way to get over the “stranger” barrier and get her curious enough so she’d WANT to learn more. And it’s all based on the three things we all need to “fall in love.”

It’s funny, my successful approaches made me realize something else, about success with women in general.

We need these three ingredients not just to attract a woman at first, but later to build a connection with her, to seduce her, to please her in bed, and to keep the love alive in a long-term relationship.

That is, we need to keep creating sexual tension by being a playful challenge. We need to keep being the man and being value-givers. We need to keep seeing the best in our woman, and building a connection with her.

Or else the flame dies out. Or else the “spark” will be gone.

In fact, that’s what my larger book is about. It’s about how to apply these three ingredients to EVERY facet of relating to women: pickup, sex, relationship.

It's called "The Mystery of Women" (my girlfriend came up with that title and I loved it). It's comprehensive and it's killer.

After you master this approach here in this book, I hope you'll check that one out.

Oh and one last thing. I had another teacher. But she came after I mastered this approach. She's a female blogger named "BossyMoskie." She taught me women ask themselves five questions whenever a man approaches her.

They are:

1. What does he want?
2. Is he a psycho?
3. How long am I going to be stuck with him?
4. Who is he?
5. What does he have to offer me?

She helped me understand from the female perspective WHY this approach works. 'Cause it ALSO happens to answer all five of these questions.

Okay, here's what to expect when you turn the page.

The first section is the how-to. I'll give you all the nuts and bolts from the body language to the words. I organized the five steps into three phases. The phases correspond to the "Attract" phase of the Mystery Method:

Phase One—Open:

Step One. Approach.

Phase Two—You Attract Her:

Step Two. Play-Fight

Step Three. Give Value

Phase Three—She Attracts You:

Step Four. Qualify

Step Five. State Interest/Close.

The second section is the practice. I'll also give you an example of an approach so you can see what it looks like in action and so you can model it.

The third section is a cheat sheet and a tracker to help you practice this approach. The best pickup artists take an almost scientific approach and track. That's how they get better. By reflecting and fine-tuning.

In the end, this approach is less about "getting" women and it's more about self-awareness and self-growth.

Now, let's kill it.

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Phase 1: Open

No need to fear the approach. Women WANT you to open. It's a compliment if you do. Makes 'em feel wanted, desired, attractive.

So, don't worry if you get nerves before your approach. Hey, I still get them. In fact, despite all the work I've done, it's STILL like starting from scratch every time I approach a new woman.

Remember, every approach ain't gonna be perfect. You're not gonna attract every woman... just be the best you can be.

In fact, no pickup artist has a perfect 100% success rate (it's more like 50% for the best). If you get the "spurn" keep getting up off the ground. Learn from your mistakes and brush yourself off. If you do that, you'll keep getting better and better.

Again, there's a reason women spend so much time and money getting dolled up. She WANTS to feel desirable. Approaching her makes her feel desirable.

When you approach, make sure she knows why you've approached and that you're not a psycho. And hey, if you still do get the spurn, there's probably another chick who looks just like her around the corner. Who cares?

She gets to brag to her friends about how a guy approached her. You get to learn a valuable lesson and take a step closer to awesomeness. It's a win-win either way.

So open. And here's exactly how.

STEP ONE: Approach

OBJECTIVES:

- ☐ **#1. Tell her WHY you're approaching.** The first question going through her mind. "Why's he approaching me? What does he want? Is he a psycho?" She won't hear a word until she knows what you want from her.

AND

- ☐ **#2. Tell her she's NOT going to be stuck with you long.** The second question going through her mind. "How long am I going to be stuck with him?" Let her know "not long." Be about to leave. It's paradoxical, but "being-about-to leave" actually makes her want you to stick around longer.

BODY LANGUAGE:

- ☐ **Smile.** What I'm about to share with you I learned from a friend of mine who's a woman. The top three physical characteristics girls look for:
 - Smile
 - Eyes
 - Strong jaw

Not the shoulders, chest, biceps, six-pack, or even the ass. I mean those help, but they're not the top of the list. The good news? We have immediate control over our smile. And it doesn't fade as we age.

But why would a smile be at the top of the list?

A woman will be ping-ponging for empathy from us when we first approach. They're sniffing out whether we're emotionally disturbed or not. She might be thinking, "Are you gonna kill me?" A woman wants comfort.

A smile puts her at ease. It tells her, “I’m friendly, I’m socialized, I’m not out to hurt you.”

This is probably why play-fighting, step two, works so well. She figures if he’s funny, he’s complex and intelligent enough NOT to be a psycho. She’ll feel more at ease. That’s what a smile does. Puts her at ease. Shows a healthy willingness to emote.

A lot of guys think scowling shows manliness. No. Women prefer a smile. It’s like seeing lights on in a house. It’s friendly. A scowl, on the other hand, is like having a “No Trespassing” sign in front of a house. So, turn the lights on.



- **Feet turned away from her.** Where your feet point speaks volumes... more than your words. If your feet point AWAY from her, it answers that second question: you’re not going to be there forever.



Notice how his feet are turned away from the girls. “Just passing through. Not staying long.”

- Talk side-to-side (not face-to-face).** Side-to-side says “friendly.” Face-to-face says “opposition.” Face-to-face also says: I’m gonna be stuck with this guy forever. Side-to-side says: I’m not. So, talk side-to-side at first. It’s more relaxing.
- Let her see you before uttering a word.** For a really killer approach, pause before uttering a single word. Builds anticipation. Shows complete confidence. And gets ‘em curious.

Okay, here are some words you can say...

WORDS: (Choose **ONLY** one)

- “Hey, I’ve got this rule that whenever I see someone attractive, I’ve got to say hi.”
- “I was thinking of stalking you but you look smart enough to figure it out.”

👤 “Hey, you guys looked [cool/fun/friendly/interesting], so I wanted to come over and see what you were like.”

👤 “I saw you over there and... You are really... Really... [pause] [pause] Beautiful. I just had to come over and say hi. Who are you?”

👤 “Hey, I saw you and I’d kick myself if I didn’t at least say hi. Who are you?”

👤 “Hey, do you have the time [touch her on wrist to stop her from looking at her watch and pivot so you’re standing next to her now]...actually I really came over to flirt with you. Is that bad?” [Then Banter]
Credit: Lance Mason

Notice:

- A lot of these start with the word “Hey.” Hey has a lot of power in grabbing someone’s attention.
- They tell the girl WHY you’re approaching. It’s okay to be honest about your intentions: you’ve approached because she (and her friends) were attractive in some way. And if you dismantle her fear a psycho is approaching her, even better. This goes a long way in relaxing women when you approach them.
- Have your feet turned away from her, and talk side-to-side. It tells her you’re not going to stay long. Remember, “We pursue that which retreats...” even if it’s a slight retreat.

Phase 2: You Attract Her

In these next two steps, you're going to attract her. To attract her you only need to do two things: Play-fight (step two) and share yourself, i.e. self-disclose (step three). In that order.

When you play-fight, play-fight with your target, not with her friends. When you self-disclose, self-disclose to her friends, not to your target.

Why?

First, it allows you to befriend her friends. Second, it allows you to create sexual tension with her.

Third, the fact you're not hitting on the most attractive girl in the group (who's probably used to getting hit on, especially in a bar or club) will increase her curiosity in you. Curiosity and attraction are closely linked...

STEP TWO: Play-Fight

OBJECTIVE:

- **Play-fight.** An interaction's lifeless and dull without conflict. Play-fighting ignites energy off the bat because it's fun conflict. It'll make her laugh... in a special way. In a way that creates sexual tension. And you NEED sexual tension to attract her.

How does play-fighting spark sexual tension, you ask? In three ways:

- 1) **Playing the character of “the selector” creates a sexual context.** Most guys think they have to chase girls. And they think they have to impress chicks. If they impress girls well enough, maybe oh just maybe they will want to be with us!

This is how most guys operate, and it doesn't work. Play-fighting does the opposite.

Instead of chasing her, you make her chase you! YOU'RE the selector. She's got to impress YOU.

Now, what is conflict you ask? It's the collision between desire and resistance.

So, in play-fighting you presume the girl desires you, that you're the prize. Then resist her.

It's a role reversal. Because usually she's the one who resists, it'll make her laugh. And it'll also make her feel attraction.

Instead of giving away your power, all of a sudden you become the dominant one. She's the “cute” one. You become the masculine one, she becomes the feminine role. That creates sexual electricity.

Not only that, but it should make her feel more comfortable that you're approaching her. Because you're basically saying "I'm not hitting on you." Let's connect human-to-human.

Yet while using this running gag of "she wants you," if she laughs she's falling into that frame of maybe she does want you.

Nice, right?

- 2) **Pushing her away creates the "tension."** Again, when something retreats, we want it more, we chase it.

Tension is also that feeling of "what will happen next?" It's like playing tug-o-war, or watching a basketball game where it's evenly matched and it's tied in the fourth with two minutes to go.

Resolution is "knowing how it ends." Tension is "not knowing how it ends." Tension makes us want. Resolution doesn't because you have. When you have, the tension goes away, and so does the want. So, keep her guessing. Keep yourself just barely out of reach.

- 3) **PLAYING the dominant role who pushes her away will make her laugh.** Playing tug-o-war is fuuuuun.

And reversing sex roles is funny. Telling her to "stop treating me like a piece of meat" is something girls usually say. When a guy says it, it's surprising, absurd. It makes her laugh AND creates sexual tension.

Again, humor can't be funny unless it has some truth. So if she laughs at your running gag: "I'm so hot, hey stop checking out my ass, stop hitting on me," she starts to think maybe she does want you.

Not to mention it's a breath of fresh air from bland, predictable conversation. Or from men who are too direct. You'll stand out from the blur. You'll pique her curiosity. And she'll WANT to invest in you.

Follow these three rules when you play-fight.

- 1) **RULE #1. Play-fight within two sentences.** Deliver your play-fighting line within the second sentence out of your mouth. NO later.
- 2) **RULE #2. Play-fight with your target, not her friends.** To create sexual tension with her, not her friends.
- 3) **RULE #3. Don't play-fight for more than three exchanges.** If you let it go on, you just become goofy. Eventually you've got to anchor that laughter with substance. Substance means sharing something attractive about who you are, like your passion in life. But that's step three.

Here's what the body language looks like:

BODY LANGUAGE:

- Before you deliver your play-fighting line, tap her hand or arm, then back off.** This creates a CONCRETE, PHYSICAL connection. A concrete connection'll make you stand out more. Also, makes it easier to physically escalate her later.

Don't JUST touch her, though. Touch EVERYONE in the group. This shows you're not ONLY after your target. Shows you're friendly.

Back off after you tap. Leaning in and keeping your touch there is uncomfortable. Leaning back and taking your touch away is comfortable.

WORDS: (Choose ONLY one)

- "Wait. You're a republican, aren't you." (Doesn't matter if she's actually republican or not.)
- "Hey, don't look at me like that. You'll get hypnotized and start thinking naughty thoughts."

👤 “Stop it! You’re looking at me like a fat kid looks at a cheeseburger. I’m not just a slab of hot young beefcake, you know. I have feelings, too.”

👤 “Quit looking at my chest. My eyes are up here! Jeez, all you girls think about is one thing.”

👤 **Brad P’s “Horse Girl” (Brad P’s got great stuff. He’s at BradP.com)**

You: “I have to ask. Do you like horses?”

She: “Yes...?”

You: “I thought so. Okay, check this out. When I was in the third grade there was this girl. And she loved horses. She loved them more than anything. She used to draw horses all over her binder, she’d be making horse noises, she’d be running around the schoolyard galloping. We used to call her ‘The Weird Horse Girl.’”

She: “So, why are you telling me this?”

You: “Well, you look JUST like her!”

She: “Well, I’m sorry, it’s not me.”

You: “You know what? I’m 90% sure it’s not you, but if it was me, I wouldn’t admit it either. So, just in case it’s you—and I’m not saying it’s definitely you—but just in case it’s you and you don’t want to admit it, I just want to say... I’m sorry.”

She: “For what?”

You: “For all the times I used to make fun of you. See, back in school I was one of the cool kids and I was a bit of a bully and I used to make fun of The Weird Horse Girl. NOW, I feel so bad. I feel so guilty. I’ve been going to therapy and my therapist says I should find this girl and right all the wrongs of my past. So, I just want to say I’m sorry, and see if you’d EVER forgive me.”

She: (Catching on) “Yes.”

(Hug her)

You: “Oh my God you are so cool! I can’t believe you turned out to be cute and cool. This is like the craziest thing!”

(Transition into Step Three)



Brad P’s Last Night’s Lay Opener

You: “You look familiar. Have we had sex?”

She: “No...?”

You: “Oh my God! Yes, it IS you! It’s so good to see you! Hey, listen, sorry I haven’t called. Been kind of busy. My, um, phone, um, stopped, um, working and my tire got a flat, and my dog ate my homework. But tell your friend I said hi, and that she was great too.”

She: “What? It wasn’t me!”

You: “It wasn’t you? I could have sworn it was you. You look just like this girl I had sex with last week—actually I can’t quite remember what she looks like, I was kinda drunk... No, I’m pretty sure it was you.”

She: “It wasn’t me!”

(Transition into Step Three)

Notice:

- You’re the prize, the selector. This creates a sexual charge.

- You turn the tables on her, so she laughs. Usually guys chase her and she rejects them. But you presume she wants you and you rebuff her! In the midst of the laughter she's like, "wait a sec, this guy's kinda cute..."
- You push her away, making her chase you. At the same time it relaxes her by saying, "I'm not trying to hit on you."

STEP THREE: Self-Disclose/Give Value

OBJECTIVE:

- **Tell them who you are.** Now, put all your joking aside... and introduce yourself. Share yourself. Anchor that laughter with substance.

The real goal here is to answer the third question going through her mind: “Who is this guy?” So, answer the question... in a way that puts you in an attractive light. No bragging. No complaining. No negative talk of people. Or of yourself. Keep things positive. Show your strengths. It’d benefit her to align with you.

A great way to do this? Reveal your passion in life. This isn’t a “fact” about yourself like I’m an “accountant,” but something emotional. Emotions are easier to connect with. So, I’ll usually share my passion in life here. Then it allows me to naturally ask about theirs.

Also, this follows the golden rule of conversation: state-ask, state-ask. In other words, don’t follow a question with another question. Make a statement first. Don’t be the interviewer. And don’t be the lecturer.

Make a statement, then ask. She answers. Make a statement on her answer before asking a question. Making a statement GIVES value. Asking shows interest in another.

After revealing your passion, you can ask about theirs: “Are you passionate? About what?”

- **Lock-in.** This means sit with the group. Important tip: Lock-in in the middle of your sentence. If you lock-in during a “cliff-hanger” it’ll make them want you to sit with them more.

When you do lock-in, tell them you won’t be long. That way they know they’re not stuck with you. But why bother locking-in at all, you ask?

It's friendly. It's relaxing. And to the rest of the room, it looks like you're NOT hitting on the women. It looks (and feels) like you're part of their group.

- **Initiate three topics of conversation.** Open three total topics of conversation here. So you'll never run out of stuff to talk about it.

Here's a demo of what that might look like. Comes from Mystery himself:

You: "Do you have a good imagination?"

Girl #1: "Yes."

You: "You do? Okay, I want you to think of a number from one to four. We're starting small, that's why we're starting with you. That's right I said it. (Notice the play-fighting.) Have it in your mind? Don't say it. Just think of the first number that pops into your mind. You got it?"

Girl #1: "Yes."

You: "I'm curious about something before we get to that. Is there more to you than meets the eye?"

Target: "Of course."

You: "I mean don't get a big head. There's a lot of beautiful people around us. Beauty isn't everything. Would you not agree? You know what's really rare though?"

Target: "No, what's that?"

You: "Are you thinking of that number?"

Girl #1: "Yep."

You: "Focusing? Three."

Girl #1: "Wow! That's actually EXACTLY what I was thinking."

You: "Let's up the stakes. This time pick a number from one to ten. Got it?"

Girl #1: "Mm-hm."

You: "Nice. Oh, by the way. Have you ever been to the Hollywood sign?"

Girl #3: "No I haven't. I'd love to though."

You: "Oh, it's so cool. You have to jump a fence, then you rub it for good luck. I went with a lovely girl one time, and we went up to the sign. Takes a good forty minutes. And if you ever plan on doing it, bring some good shoes. Don't wear leather ones like I did like a moron."

Girls: "Haha"

You: "That was a learning lesson. But when you're up there, you can see all of Hollywood in one eyeshot. And it really gives you this clarity about where you are in your life and where you're going. Inspires you, you know? I think we're all meant for greatness if we put our minds to it. Do you have that number in mind? Seven."

Girl #1: "It was actually eight."

You: "And that's exactly why ESP is a load of crap. Now pick a number between one and one."

Girls: "Haha"

You: "I'm playing, I'm playing. See, what's really rare is a positive outlook. A great personality. A great energy. That's rare. Tell me, what are your three best qualities?"

Now, your target starts qualifying. She's investing in you, and you're onto A3, or step four.

Notice this, too. Each thread falls under a certain category.

- a) Personality Tests (ESP)
- b) Personal Story (Hollywood Sign Story)
- c) Qualifier (Beauty is common... Three Qualities)

You could replace the ESP thread with Style's E.V. (on page 28) or any other value-giving demonstration that shows off your personality. In fact, replace any of these threads with your own.

- **Play-fight with the target.** When you share yourself, talk to EVERYONE in the group, not just to your target. In fact, give THEM (her friends) your attention. Speak with your target only in the language of play-fighting here. Why? To win over her friends, and to create sexual tension with your target.

Multi-threading is YOUR self-disclosure. But it leads seamlessly into the fourth step... qualification, HER self disclosure. Seamless because as you saw, one of your threads was a qualifier.

By the way, qualification is my favorite step of this whole process.

Now, before we get into that step, let me give you the body language to be aware of in this step:

BODY LANGUAGE:

- **Eye contact with each and every person in the group.** This is one of two secrets to keeping everyone's attention. Make eye contact with each person. As soon as someone feels like they're not "involved," they'll lose interest. So, don't look at just one person. Look at them all.

The other secret is to keep checking in. For example, “know what I mean?” Asking a question puts a person on the spot, keeps them alert. And avoids you from blabbing on and on. Blabbing on and on is a prime way to lose people’s interest.

- **Lock-in.** Yes it’s one of the goals of step three, but it also falls under body language. Steal a girl’s seat playfully. Pull up a chair. Lean up against the wall. Just make yourself at home, be part of the group.

And while you do, say: “I’ve only got a sec,” so they know you won’t be there forever. Again, lock-in in the MIDDLE of your sentence, during a cliff-hanger.



A prime example of a “lock-in”

WORDS, PART I. SELF-INTRODUCTION AND QUESTION:



My Passion:

“My passion in life is [fill in your passion here]. I can’t think of a better way to [fill in doing your passion] than to meet new people. Are you a passionate person?”

(Example: “My passion in life is writing. And I can’t think of a better way to write than to meet new people. Are you passionate?”)

That question is a great segue into Style’s “E.V.” (See below)

WORDS, PART II. GIVE VALUE TO HER FRIENDS: (Choose ONE from each thread. I’ve given you words to one routine in each category. You can create your own and Google the others, or search my site at whetyourwoman.com.)

a) Personality Tests/Opinion “Openers”

 **Rings Routine (see Neil Strauss’s “Rules Of The Game” also on pp. 63-5)**

 **Best Friend Test (ala Neil Strauss)**

 **Brad P’s Palm Reading (see Brad P’s “Planning a Date”)**

 **Style’s E.V. (from Neil Strauss’s “Rules Of The Game”)**

You: “Hey, as long as we’re talking, let’s do something interesting. Someone just did this with me recently. It’s a great, quick way to get to know someone. In fact, a lot of people don’t even know this about themselves.”

She: “What’s that?”

You: “It’s just three questions. It’s easy, and it’ll tell you what really drives and motivates you in life.”

She: “That would be cool. What’s the first question?”

You: “The first one is: If you had to choose one thing you need to have in your life in order to feel like life is worthwhile, what would it be? [OR name something you really enjoy doing.]

She: Answers.

You: “Okay, if you have {worthwhile thing} in your life, what kinds of things does that allow you to do or experience?” [OR “Describe your perfect experience of {worthwhile thing}. Either the best time you had doing it or your ideal scenario of {worthwhile thing}”].

She: Answers.

You: “Okay, imagine a time in the future or even now when you have {worthwhile thing} in your life. And this enables you to do {use her words to paint a picture of worthwhile thing}. How would that make you feel inside?”

She: “I don’t know.”

You: “You smiled as you were imagining it. What was that feeling you got inside?”

She: Names feeling.

You: “Yes, that’s it. {Feeling} is your core value. In other words, it’s what really motivates you. Some people say they want to be an actor, and they think it’s because they want to be famous. But the truth is, what they really want is to feel {feeling}. And it’s funny, because when we were talking about imagining it earlier, you actually felt it for a second. It was really cool.”

She: “Yeah, I did.”

You: “Awesome. We fulfilled your life goal in five minutes. You can die now.”

She: Laughs.

You: “But seriously—and this is the real lesson—whenever you have to make an important life decision, whether it’s about a job or a guy or a friend, just ask yourself if it brings you closer to that feeling. If it does,

then you should pursue it. If it doesn't, then you should move away from it."

She: "Wow, that's really interesting."

You: "That'll be fifty dollars. I don't do this shit for free you know."

 **Jealous Girlfriend (ala Neil Strauss)**

 **Article on Cheating (ala Neil Strauss)**

b) Stories

 **Mystery's Girl-Fight Story**

 **Mystery's Hollywood Sign Story (see p. 25)**

 **Accidental Threesome**

"Have you ever had a threesome? Well, I had my first one last week. Get this. This girl took me home and I wake up at like 4 am to take a leak. I crawl back into bed to cuddle with her and the next thing I know this guy and girl are screaming at me, 'What the fuck are you doing feeling up my girl?' 'Ahhhh! Rapist!' I was disoriented, so it took me a few minutes to figure out what had happened. I had crawled into bed with my girl's roommate and her boyfriend. It was my first threesome. And let me tell you it was fantastic."

(From: a Cosmo magazine)

c) Qualifiers

 **Beauty is Common**

"I'm curious about something before we get to that. Is there more to you than meets the eye?..."

"I mean don't get a big head. There's a lot of beautiful people around us. Beauty isn't everything. Would you not agree? You know what's really rare though?..."

“What’s really rare is a positive outlook. A great personality. A great energy. That’s rare. Tell me, what are your three best qualities?”

 **See Step Four for more Qualifiers (p. 37)**

WORDS, PART III. MORE BANTER WITH TARGET: (Choose one to three)

 “Oh my God you are so CUTE! I’m going to take you home in my little pocket and ask my roommates if I can keep you. Wait. Are you housebroken?”

 “You’re such a brat.” (“Dork” works good, too.)

 “How do you roll with this girl? Is she always like this?”

 “You’ve just earned yourself detention. Go to the Principal’s Office!”

 “Man, you can dress her up but you can’t take her anywhere.”

 “Note to self: Do NOT date this girl.”

 “You are trouble. I can already tell.”

 “I don’t know about you yet.”

 “She looks sweet and innocent but something tells me she’s not.”

 “That’s it, I’m going to talk to those more interesting girls over there.”

WORDS, PART IIIa. CONTINGENCIES: (Play-fighting is the best way to deal with shit-tests. Whenever in doubt, though, just tell her she’s being “cute.”)

a) What do you do?

 "I'm a glorified bum."

 "I'm an ass model."

b) Where are you from?

 "From the glimmer in my father's eyes."

c) What's your name?

 "Justin...Timberlake."

 "Justin Credible. First name Justin, last name Credible. Just Incredible." (NOTE: My first name is actually Justin)

d) How old are you?

 "I'm 65. Let me order. I get the senior discount."

e) Do you have a girlfriend? (Credit: Brad P)

 "No (ashamed, sad). I have 8 girlfriends (happy like a 4 year old)! Yeah it's no big whoop, it's no big deal. They all get together and swap recipes so they can learn how to cook my favorite food. But I'll tell you something—and I don't usually do this—I've been searching for a ninth girlfriend. And I don't know you very well yet but I have a really good feeling about you and I want to know if you want to be my ninth girlfriend. Right now."

f) You're short.

 "Yes I am. You're so observant."

g) Will you buy me a drink?

 "I'd be happy to. But let me get to know you better first."

 "I don't even know you yet."

 "Oh my God! Are you trying to get me drunk?"

h) Any demand

 "Before I do that, give me at least one compliment."

i) I have a boyfriend.


 “Maybe he can make us breakfast in bed.”
 “Cool. Anyway...”

j) Do you say this to all the girls?


 “Yes, you’re the 512th person I’ve said this to today.”

k) She says something egotistical:


 “I’ve eaten girls like you for breakfast.”

l) Any Shit Test.


 “Cute.”

 “Anyway.”

 “The capital of France is Jupiter.”

 “Do you always wear that lipstick? Anyway...”

m) External Interrupts


 “Introduce me, it’s the polite thing to do.”

n) Internal Interrupts


 “Hello I’m talking here. Jeez. Is she always like this?”

o) She Gets Distracted


 “Hey ADD Party’s over here.”

p) Extreme Rudeness


 “Wow, that was rude.”

q) Playful Questions To Ask Her


 “I just figured out where you’re from. The Congo!” (or whatever obviously is opposite to her nationality)


 “I bet I can guess your major. Underwater Basket Weaving.”


 “I bet I can guess what you do. (Cold read her)”

r) Playful Compliments To Give Her


 “You are so adorable...it’s sickening!”


 “Oh my God, you’re a ballet dancer? That’s so cool! ...I can’t even talk to you right now.”

Notice:

- First, share who you are in an attractive way. For example, share your passion in life. This answers the third question, “who is this guy?” in an emotional way. Show her aligning with you would be a benefit to her.
- Second, open three topics of conversation that discloses yourself and engages the group. Do it as if you’re on your way out. So they know they’re not stuck with you. Sit with them “for a sec.” But giving value answers their fourth question: “what can he do for me?”
- Third, while giving value to her friends, play-fight with your target. This enables you to win her friends over while simultaneously creating sexual tension with the target. Unbeknownst to her friends. Very nice. Now it’s time for her to invest...

Phase 3: She Attracts You

In these last two steps, you'll entice her to work and chase and attract you. In other words, shut the hell up and let her come to you. In my experience, this is where attraction really happens: When she chases.

This phase includes the final two steps. Step four is qualification. Step five is telling her you like her and closing.

Warning: I've forgotten to tell a girl I like her and my approaches went to the crapper. I can't emphasize enough how important BOTH qualifying AND telling her you like her are.

Qualifying allows her to self-disclose. Telling her you like her makes her feel, well, liked.

Quick review on the three elements of falling in love: (1) sexual tension—we did that with play-fighting. (2) Mutual self-disclose—we began this with our self-disclosure. Now we ask about her with a qualifier. (3) Feeling liked for legitimate reasons—after she self-discloses, express your interest in her.

So, see how important qualifying AND expressing interest are?

After you tell her you like her, it's NATURAL to close. Afterwards, continue talking with your target one-on-one. If logistics prevent you, make a SPECIFIC time and place to meet later. Ahhhh. You picked up a hot chick. Nuthin' to it.

STEP FOUR: Qualify

OBJECTIVE:

- Qualify your target.** Qualification IS play-fighting, but in the form of a question.

The theme underlying ALL qualifiers is this: “Who is she as a person, beneath her looks?”

In other words, “I’m not bamboozled by your beauty. Who are you on the inside? That pretty packaging is less important to me than who you are in your heart.”

Like I said, this is where the REAL attraction happens. ‘Cause attraction is a two-way street. She won’t feel attraction if you do all the work. She’s gotta work, too.

Qualification also happens to be the bridge to building an emotional connection with your target.

I always feel a delicious gearshift towards an emotional connection with my target after I qualify. That’s why it’s my personal favorite step of this approach.

- Learn about her friends.** After you qualify your target, ask her: “Are you single?” Or the classic: “So, how do you all know each other?”

The objective here is to find out if your target is available.

A) If she’s spoken for: “It was a pleasure meeting you,” and leave.

Or,

B) If she’s not spoken for: state your interest (that’s step five).

BODY LANGUAGE:

- Turn your body and feet toward your target.** As your target wins you over, slowly turn your body towards hers.

WORDS: (Choose ONLY one)

- “There are lots of beautiful women here. But more important than beauty is a positive outlook, empathy and a willingness to grow [or fill in three qualities that are important to you]. Outside of your good looks, what would make someone want to get to know you better?”
- “Is there more to you than meets the eye?”
- “So, who are you? Beyond all these flashing lights.”
- “What have you got going for you besides your looks?”

Notice:

- “Are you single?” or “How do you know each other?” will give you valuable info about how available your target is. This lets the group know your intentions. By the way, if women are out at a bar, there’s a good chance they’re single, or at least ready to mingle.
- Qualifying assumes you’re the selector still. Think of the “hero” in romance novels. He’s not distracted by a girl’s pretty appearance. He’s more interested in who the girl is on the inside. That’s what qualification’s all about.
- Listen to her. Because when you give a compliment it must be specific, based on something she said or did. That way the compliment is genuine. Play-fighting allows a compliment to feel more honest, too. Because by play-fighting you showed you needed nothing from her. In any event, when someone recognize the best in us and it’s earned, we feel an even deeper attraction to them. That’s where step five comes in...

STEP FIVE: State Interest/Close

OBJECTIVE:

- Make her feel liked for legitimate reasons.** Mmmm. The third thing a person needs to feel the feelings of falling in love. A genuine “I like you” statement. How do you make her feel liked in an honest way?

By qualifying her BEFORE telling her you’re interested in her. Which you just did.

- State your interest.** After you’ve told your target you like her, the group understands why you’re really there. But since you didn’t alienate her friends, they like you and are more likely to encourage their friend to talk with you one-on-one.

- Close.** After you’ve stated your interest, it’s only natural to continue a conversation... one-on-one.

Let me underline this point. If you’re having problems with isolation the problem was developed earlier. It usually has nothing to do with your close.

- Talk for at least five more minutes.** If you’ve exchanged numbers, don’t just leave. She’ll feel buyer’s remorse. Talk for five more minutes.

Wanna know a genius thing you can talk about in these five minutes?

Call her right there and then and pretend you’re talking to a friend: “Hey, I just met this really cute girl and I can’t wait to meet her at my BBQ (or for a cup of tea or whatever you plan to do). It’s gonna be awesome.” Chances are she’ll be giggling. Excellent!

But if you want a SOLID number close... so you KNOW you’ll see her again... you need to spend AT LEAST 25 – 40 minutes with her.

'Cause the more of a connection you make, the more likely she'll feel safe and comfortable enough to meet up with you again. If you can, focus on having a 30-minute mini-date right now.

Make getting a phone number a last resort if she can't talk one-on-one now. Just know if you get her digits too quickly, chances are higher it'll flake later.

BODY LANGUAGE:

- ☐ **Isolate your target.** It's a way of expressing interest in her without using words. She's earned it, though. Think of this less as "isolation" and more as a side conversation within her group of friends. That means you and her body face away from the group, and face only each other. See my pic below. It's a "mini-isolation," a one-on-one within her group.



Mini-Isolation. Notice how you're not taking your target away from her friends. You're basically having a one-on-one conversation with her within her group.

Advantage: Avoids the awkwardness of your target getting separated from her friends by a “stranger.”

WORDS, PART I. STATEMENT-OF-INTEREST: (Choose ONLY one)

- “Oh my God I LOVE this girl!”
- “You know what? You’re actually pretty cool. I’m curious about you.”
- “Are you single?”
- “That’s it. I’m making you my new girlfriend. Wait. Can you cook?”
- “That’s it, we’re getting married. We’re gonna fly to Vegas tomorrow and get married... by a midget Elvis. You’ll be Catwoman, and I’ll be Batman. It’ll be awesome.”

WORDS, PART II. ISOLATION: (Choose ONLY one)

- Mystery’s Isolation** (Lead Target Away From Friends)
(To her friends) “Hey guys, I’ve been kind of ignoring your friend. Is it okay if I talk to her for a sec? We’ll be right over there.”

- Lance Mason’s Isolation** (Mini-Isolation - Recommended)
(To her) “Hey, check this out...”

(Turn your back to the group. Do something like “The Cube.” What’s The Cube? I’ll give you the full version on page 50.)

WORDS, PART III. NUMBER CLOSE: (Best done after 25-40 minutes of comfort-building. Use as a last resort if you can't isolate her now. Choose ONLY one)

 **Mystery's Number Close** (Recommended)

"There's an industry mixer [or party or whatever a cool event] happening on [fill in day]. It'd be lovely if you came along."

(Exchange numbers)

(Talk for 5 more minutes)

"I'm hungry. Let's grab a bite to eat."

(If she's agreed to meet later, why not meet now? Don't have to wait to meet then. Then is too far away. Meet now while you're still fresh in her mind.)

 **Mystery's Seed The Close** (Recommended)

Earlier, during one-on-one: "There's this [fill in with industry mixer or cool venue or cool event] me and my friends are going to."

[Don't invite her to it. Notice this social event is something you're already doing.]

After the 30-minute one-on-one: "I really enjoyed meeting you."

[Be about to leave, then come back]

"You know what? We should continue this. I wonder how we can."

[Let her chase. If she doesn't...]

"I've got an idea (too). You should totally check out that [fill in mixer/venue/event that you mentioned earlier] with me. It'll be awesome."



Lance Mason's Number Close

"We should totally hang out sometime. Let's exchange info and we can grab a cup of tea."

[Call her right there and then on the phone and flirt.]

"Hey, I just met this great girl. She's really cute and smart and I'm really excited about meeting her."

[Hang up, and make a date]

"So, when are you free?"

[Let her name the day so you don't have to guess when she's free. But name the place. This avoids the misery of phone game later. And guarantees a Day 2. Then, if you can, invite her (i.e. "bounce" her) to another venue. If not, you've got a Day 2 to look forward to.]

Notice:

- State your interest! This makes a girl feel liked for legitimate reasons.
- Close her. Get her digits and make a time and place to meet later. But only if you can't isolate her there and then.
- After the close, talk for at least five more minutes.
- **IMPORTANT:** You don't have to invite a girl to do something that entails just meeting her. Between now and the Day 2, you can invite her to tag along to do something you're doing anyway.
- **IMPORTANT:** You don't have to actually do the thing you invited her to do. The "BBQ" never has to happen. Plus, you don't have to wait until "Thursday" to see her. In fact, **DON'T** wait two or more days to see her next. If you can, do something **NOW**.

Practice & Track

So much for the theory. Here's how to put this all into practice.

1. Practice

Make thirty approaches a week. In other words, go out AT LEAST three nights a week. Feel free to go out more if you'd like. You'll get better faster if you do.

When I was practicing, I went out four nights a week. I've heard Brad P say when he was first learning this stuff he'd go out seven nights a week. But at a minimum, shoot for three nights a week.

One or all of your approaches can be made during the day-time.

Each day (or night) you go out, make at least ten approaches.

Stick to this plan for at least thirty days. Not only will you have 120 approaches within a month, you'll be meeting beautiful women like crazy.

Let me repeat. Make 10 approaches per day/night, go out 3 days/nights per week, for at least 30 days. That's the minimum. Feel free to do more if you'd like.

Your first three approaches will usually be your warmups. Don't pressure yourself to make 'em perfect. Just get into a talkative mood.

So, decide now. Which days of the week do you wanna go out? Thursday, Friday, and Saturday? Monday, Tuesday, Wednesday? Now commit to going out those days for at least one month. No matter what.

Why a month? It takes a month to establish a new habit.

After a month, if you want to get really good at this, continue going out for another three months. After four months you'll have close to 500 approaches (480 to be exact). 500 approaches gets a guy REALLY good at pick up. All the masters have at least 1000 approaches under their belts.

Here's what I'd like you to do for each week during your first thirty days.

WEEK ONE: Just say "hi" or try ONE of the openers from step one. The goal: master step one.

By the way, "hi" will always count as an approach. Giving the bouncer or bartender "How's your night going" counts as an approach.

So, say "hi" or smile or give your opener to at least ten people a day on the first week. It doesn't have to be to the hottest chicks. You can say "hi" to old ladies, guys, fat girls. Doesn't matter. The point is, approach.

If you see a hot chick and you draw a blank, feel free to use one of the openers on pages 14-5.

WEEK TWO: Move onto step two, play-fighting. Pick only ONE play-fighting line from pages 19-21. The goal: master step two. Here's how I'd like you to practice.

First, say the line five times to commit it to memory.

Second, say the line five times in a mirror to see what your body language looks like.

Third, practice the line at least five times on girls each of the three times you go out. I think you'll be surprised at how effective these lines are.

But feel free to choose another play-fighting line for your second day of approaches. My point is: DON'T try to learn more than one play-fighting line at a time. Or else it gets confusing.

Repeat this same process for each new play-fighting line you learn: Say it five times to commit it to memory, say it five times in front of a mirror to get the body language, and deliver it at least five times out in the field.

WEEK THREE: Move onto step three, give value. Your goal: master step three.

Learn three “value” routines, a story (page 25 and 30), a personality test (pages 28-30 and 63-5), and a qualifier (pages 30-1 and 37). Multi-thread three routines. Also, add a play-fighting line from Step Three (pages 31-4).

Use the same process from before to learn these routines. Practice five times to commit it to memory, practice five times in a mirror to get the body language, practice five times in field.

When in field, deliver your opener first, play-fight second, self-disclose third. Afterwards you can say: “It was a pleasure meeting you” and leave. If the conversation’s going well, feel free to continue.

Once you nail a routine from step three, you can learn a new one. But only learn one “multi-thread set” at a time and use the same process: five times to memory, five times in a mirror, five times in field. I’m telling you it works!

WEEK FOUR: Add a statement-of-interest (page 40), and a closer (pages 40-2) to your stack. The statement-of-interest and closer go hand-in-hand-in-hand. Your goal: master steps four and five.

If you get a girl on a one-on-one conversation feel free to learn one of the rapport-building routines I’ve given you (page 28 and page 50).

As always, repeat the same process you used to learn your play-fighting lines and self-disclosure routines as you did to learn the first three steps. Again, only pick one statement-of-interest and one closer at a time.

If you need more than a week to master a step, that’s totally cool. It took me about eight months before I got all this down.

All I ask is you stick to going out three nights a week and make ten approaches each time you go out for at least thirty days. Get 120 approaches this month.

Even if you don’t feel like going out, go out anyway.

Even if you have a shit-night, dust yourself off and get back in the ring. A shit-night is still filled with lessons that'll help you improve. And it'll get you closer to mastery. Just ask how you can learn from your mistakes (if there were any). As long as don't quit, I promise you won't fail.

And even if it's uncomfortable to go out, go out anyway. No one ever grew who stayed home eating donuts. Well, they grew... but not in the way I'm talking about. Push your comfort zone, your limits. It's how growth happens.

If you stick with this plan, your success rate will kick ass. I promise. 'Cause in the end, talent doesn't matter. Genius doesn't matter. Book-learning doesn't matter. Only persistence gets you success.

Persist, track your approaches (more on that on the next page and on pp. 73-4), self-reflect. And you're gonna be enjoying some sweet outer... as well as inner... success.

2. Track

Speaking of tracking your approaches, let's talk about that now.

The best pickup artists track. Tracking helps you see what you did good, and what you need to do better next time. It gives you self-awareness and keeps you keep on track.

So, at the end of each night (or day), track your approaches. Did you do ten of them? How many of the steps did you take? What were your results?

Then jot down a few quick notes about what you did great and what you can improve on.

This is CRITICAL for your success. Self-reflection is huge.

As part of of this ebook, I've given the "Daily Tracker" (again pp. 73-4) I used when I was learning all this.

Plus, I'm giving you a cheat sheet (pp. 59-60) to jot down all your scripts into. Just fill in the structure on the sheet with the routines you wanna try out.

3. Review

Last, let's review the five steps.

Make sure to answer her five questions, in order:

- 1) "Why is he talking with me?"
- 2) "Is he psycho?"
- 3) "How long am I going to be stuck with him?"
- 4) "Who is he?"
- 5) "What can he offer me?"

And hit on the three things people need to "fall in love":

- 1) Sexual tension -- play-fighting.
- 2) Mutual self-disclosure -- DHV and qualification.
- 3) The feeling of being liked -- statement of interest/close.

You might be asking yourself what do I do after I close?

You can do something like "The Cube."

What's that?

It's a fun "get-to-know-you" icebreaker. Probably takes a good twenty minutes to do. In fact, let me give it to you right now.

It's five questions, but you'll need a way to interpret her answers. I'll give you a key plus a script to use. The script is optional. A starting point. Feel free to use it as a springboard and then adapt it to your own style.

And hey, if you wanna skip over "The Cube" to the "Example," that's cool too. The Cube's an awesome conversation-starter, but you certainly don't have to use it. Here it is for you just in case:

::: THE CUBE :::

“Ever done the cube?”

“It’s a personality test. But once you do the cube, you can never do it again. It’s rumored to originate from Muslim mystics called Sufis. Now, there’s no right or wrong answer, but it’s supposed to tell you some interesting things about who you are.

“I’m gonna ask you to imagine five things. I’ll tell you what they mean afterwards. Cool? It’s a lot of fun.

“Okay, first thing. Imagine a landscape. And in the landscape there’s a cube. Do you see the cube? Is it big or is it small? Is it in the center or no? Is it on the ground or is it floating in the air? Is it transparent, can you see through it or is it solid? Any particular color or design? Like is it 3D or flat, hard or soft?

“Now, add to this a ladder. See the ladder? Where is it in relation to the cube? Is it tall or is it short? Is it easy or hard to climb up it?

“Next, picture some flowers. Do you see a few or a lot? Where are they? Are they all one kind or different kinds? What color are they? And when you see them, how do they make you feel?

“Now, add a horse. See the horse? Where is it? What’s it doing? What does it look like? If you gave me three words to describe the personality of this horse, what would they be?

“Last thing. Add a storm. See the storm? Is it violent or gentle? Where is it? Is it faraway or close up? Is it fucking shit up or is it more quiet?

“Okay, wanna know what all this means?

[Optional joke ala Neil Strauss: “I just made it up. It’s a joke. Are you mad? (laughs) No, I’m kidding. It actually means something.”]

Answer Key:

>>> 1. Cube: you. Your ego.

Large vs. small: big ego vs. smaller ego.

Center vs. Not center: likes to be center of attention vs. doesn't like to be center of attention.

Transparent vs. opaque: is open, transparent, doesn't hide vs. is private, closed, hides.

Hard vs. soft: is a strong person vs. is emotional/might get taken advantage of.

Flat vs. 3D: has a shallow personality vs. has deeper personality.

On ground vs. floating: is down-to-earth vs. is a dreamer.

Light color vs. dark color: is a positive person vs. is a negative person

More specific colors:

- Black can represent the dark side.
- White symbolizes innocence and a non-judgemental personality.
- Red is the color of dominance and power.
- Yellow shows the person loves attention. It also represents playfulness and optimism like the sun.
- Green represents compassion.
- Blue represents knowledge and calmness.
- Purple represents luxury.
- Brown shows stability. Brown is the most common cube color among men.

Possible script:

“The cube represents you. The bigger the cube, the bigger your ego.

“If the cube’s in the center, you like to be the attention of attention. If it’s not, you’d rather not be the center of attention.

“If the cube’s transparent, you’re open. You don’t hide things. If you can’t see through the cube, it means that you’re more private. You hide and don’t talk much about yourself.

“If the cube’s made out of something solid and strong, it means that you’re a strong person. If it’s soft, it may mean you may get taken advantage of easier.

“If the cube’s on the ground you’re down to earth. If the cube’s floating, you’re a dreamer.

“If the cube’s flat, you may have a shallow personality. If the cube’s in 3D, you may have a deeper personality.

“The color of the cube represents your personality. In general, if the cube is light you’re a positive person and the darker it is the more negative you are.

“However it may not always be so, you should always pay attention to how you feel about the color. If you like the color then you’re a likeable personality. If the color seems cold to you, you may seem distant to people.”

>>> 2. Ladder: Ambitions.

Easy to climb vs. hard to climb: feels ambitions are easy to attain vs. feels ambitions are difficult to attain.

Tall vs. short: has high ambitions vs. has low ambitions.

Faraway vs. Close: has unclear, unattainable ambitions vs. has clear, attainable ambitions.

Possible script:

“The ladder represents your ambitions. If it’s easy to climb you might feel your ambitions are easy to attain. If it’s hard to climb, you might feel it’s difficult.

“Tall ladder means you’ve got high ambitions. A low ladder means you’ve got lower ambitions.

“If the ladder is far away, your ambitions might feel distant to you. If it’s close to the cube, you might feel they’re more attainable.”

(NOTE: You could get into a discussion about her ambitions and dreams here.

Also, the ladder can also represent her friends. You can choose to interpret the ladder as meaning ambitions or friends. Up to you. If you choose friends instead, here’s a possible script:

“The ladder represents your friends. The closer the ladder to the cube, the closer you are with your friends. And the more rungs the ladder has, the more friends you have.”

“If the ladder’s far away from the cube, it may mean you either don’t keep a lot of friends and feel lonely, or you don’t consider friendships that important to you. That is, you either mentally or physically like to distance yourself from your friends.

“If the ladder leans against the cube, perhaps some friends rely on you or expect you to act according to their wishes.”)

>>> 3. Flowers: Your children.

Close to cube vs. distance from the cube: feels close to her children vs. doesn’t feel close to them. Or how she feels about having children.

Many flowers vs. no flowers: wants lots of children vs. doesn't want children.

What you feel about the flowers: how she feels about having children.

Possible script:

“The flower represents your children, or your desire for children.

“If the flower is close to the cube, that means you're close to your children.

“Many flowers or no flowers represent whether you want lots of children or none.

“What you feel about the flowers indicates how you might feel about having children.”

>>> 4. Horse: Ideal lover.

Wild horse/he's running vs. Tied-up horse/he's standing: gives freedom to lover vs. wants to be in control/know what he's doing/likes him home/possessive?

Distant horse vs. Close horse: is distant in relationships vs. is closer to lover in relationships

How horse behaves: shows what kind of personality you're drawn to in your lover.

How horse appears: shows what kind of physical features you'd like in your lover.

Possible Script:

“The horse represents your ideal partner and how you behave in relationships.

“If it’s a wild horse, like he’s running and doesn’t stand in one place for long, you give freedom to your lover. You may also want a lover who likes to travel, has energy, is involved in things.

“If the horse is tied, like he does nothing but stands there and eats, you probably want to be in control. You wanna know where he is, what he’s doing. Or you may just want a lover who likes to stay at home and rarely travels. If the horse is tied to the cube, it might mean you’re a possessive lover yourself.

“If the horse is faraway from the cube, you may have been distant in your relationships. If the horse is close, you probably like being close with your lover.

“How the horse behaves is the kind of personality you like in your lover.

“And all those physical features you described in your horse may be some of the physical features you’d like in your lover.”

>>> 5. Storm: Problems in your life.

Big storm vs. Small storm: experiencing big problems right now, or makes drama out of things vs. is not experiencing big problems right now, or remains calm and doesn’t make drama out of things; is a positive person who doesn’t like getting angry, dwelling on the negative.

Distant storm vs. Nearby storm: problems she’s going through are affecting her intensely right now vs. her problems are at a distance.

Storm there for awhile vs. Storm will pass soon: feels problems will be there for a long time vs. feels problems will pass soon.

Possible script:

“The storm is the problems in your life and how you deal with difficulties in life.

“If it’s a big storm, then either you may make drama out of things or you’re going through some big problems in your life.

“If the storm’s small and far away from you, you’re a calm, positive person. You don’t like getting angry and dwelling on the negative. Or things aren’t bad for you right now.

“If the storm is close to you, you’re probably experiencing your problems pretty intensely right now. If they’re faraway, your problems are probably not affecting you that badly.

“If you feel like the storm will stay there for a long time, you might feel the same way about your current problems.

“Isn’t that cool? How accurate was it?”

Again, any of these topics are further launching pads to talk about each other’s desires in relationships, how you deal with problems, what your dreams are, and so on.

So much for the Cube. That's an awesome thing you can do for like twenty minutes in "isolation." Don't forget to share yourself as well. Twenty minutes of building a connection will result in a solid number close. No doubt. 'Cause she knows you better now.

Another thing you can do is qualify her again in isolation. Or, you can continue a previously opened thread from step three. Whatever. Just build an honest-to-God connection with her. That's the goal when you're one-on-one.

'Cause you've attracted each other. Now it's time to build comfort and commonalities.

I've got more conversation stuff in "My Routines Collection," and in "The Mystery of Women." Check those out at www.whetyourwoman.com for more.

Actually, before I leave you let me just take a sec and plug "The Mystery of Women," because it kicks ass so much.

I give you my best stuff on fashion, body language, kino, humor, building an emotional connection, romance, giving women orgasms, maintaining relationships, and strengthening your inner-game.

As a bonus I'll give you super-advanced stuff like how to get and do same day lays, threesomes, as well as how to pick up strippers. I give you lots of pics and examples and lines. And I give you a thorough twelve-month practice plan to put it all into action.

It's EVERYTHING I've learned about becoming more successful with women. It's probably the most complete product on success with women that's out there.

In the meantime, in your hands now you've got my baby, my personal routine. Without this routine I wouldn't have been able to get to the advanced stuff.

In fact, the advanced stuff is based on this same routine, the fundamentals. Advanced game just adapts this approach to different scenarios, like threesomes, same day lays, picking up strippers.

But before we get to the advanced stuff, get these fundamentals down first. And the “Mystery of Women” will help you nail ‘em down even more.

So, practice, persist, self-reflect. You’ll be all set. Not only will your approaches kick-ass, but you’ll bring out your best self... for real. In the end, that’s what it’s really all about.

Good luck.

4. Your Stack

Choose a script from each step and insert it in the appropriate space.

STEP ONE: Approach

1. Opener {over shoulder}: (pp. 14-5) [Answers: “Why is he talking with us?” “Is he a psycho?”]

STEP TWO: Play-Fight (or create sexual tension)

2. Play-Fight {tap target and back off}: (pp. 19-21) [Answers: “How long will we be stuck with this guy?”] <Purpose: Builds Sexual Tension>

STEP THREE: Self-Disclose, Give Value, and Seed Qualification

- 3a. Self-Disclose Your Passion, Ask About Theirs {eye contact with everyone}: (p. 27-8) [Answers: “Who is this guy?”] <Purpose: give before taking, self-disclose attractive qualities>

- 3b. First Thread {to one person}—Personality Test: (pp. 28-30, 63-5) [Answers: “What can he do for me?”] <Purpose: give value, show personality>

- 3c. Second Thread {with target}—Qualifier: (p. 30-1 and 37) <Purpose: towards inviting her to self-disclose and chase>

3d. Third Thread {lock-in}—Story: (pp. 25 and 30) [Continues to Answer: “Who is this guy?” and “What can he do for me?”] <Purpose: give value and self-disclose attractive qualities>

& Play-fight with Target whenever she says something: (pp. 31-4) <Purpose: More Sexual Tension>

STEP FOUR: Qualify

Waypoint: “Are you single?” OR: “So, how do you all know each other?” <Purpose: To find out your Target’s availability>

4. Second Thread: Complete Qualifier <Purpose: her self-disclosure; to make it mutual self-disclosure; she works>

STEP FIVE: State Interest and Close

5a. State Interest: (p. 40) <Purpose: Make your target feel liked for legitimate reasons>

5b. Isolate/Close {mini-isolate}:(pp. 40-2) <Purpose: To build a connection>

5c. In Isolation: (pp. 28 & 50) <Purpose: 25-40 minutes gets solid number.>

5. An Example

This example I'm about to give you takes place at night in a lounge. The set is three girls. Three girls because it's the set you'll probably see most often.

But this approach can be easily tailored for the day and approaching only one girl, too. I'm doing night in this example because it's more challenging. Lift heavy weights to start and the light ones will be no problem, right?

Okay, here it goes:

::: ATTRACT PHASE :::

STEP ONE. OPEN

You: "Hey, you looked cool so I had to say hi." (Opener/Reason for Opening)

Group: "Aw."

STEP TWO. PLAY-FIGHT

You: "And quit looking at my chest, my eyes are up here. Jeez, all you girls think about it one thing." (Play-fight)

Group: "Hahaha!"

You: "I was thinking of stalking you but you look too smart to figure it out." (Balance with play-fighting with appreciation and reason for opening)

Group: "Hahaha."

STEP THREE. SELF-DISCLOSE/QUALIFY

You: "I'm a writer by the way. That's my passion in life." (Self-disclosure)

Target: "Oh, cool."

You: "And I can't think of a better way to have stuff to write about than to meet new people, you know?" (Self-disclosure/Reason for Opening)

Girl #1: "Definitely."

You: "Ooh, nice rings!" (First Thread—Personality Test)

Girl #1: "Thank-you. This one's my favorite. I've had it forever."

You: "The fact you put your ring on that finger says something very interesting about your personality." (First Thread—Personality Test)

Girl #1: "What?"

You: "Wait, have any of you been to the Hollywood sign?"

Group: "No."

You: "Oh my God, it's so cool. (Second Thread—Story) Whoa, whoa, whoa. Is there more to you than meets the eye?" (Second Thread—Qualifier)

Target: "Huh, what? Yeah."

You: "I mean there are a lot of beautiful people out here, right?" (Second Thread—Qualifier)

Target: "Definitely."

You: "But there's something even more rare than looks. You know what's even more rare?" (Second Thread—Qualifier)

Target: “What?”

You: “So here’s what’s amazing about the Hollywood sign. You can see all of Hollywood in one eyeshot. And it really gives you this clarity. Inspires you, you know? Makes you feel like ‘I can do anything.’ (Third Thread—Story) Fills you with passion.

“And THAT’S what’s rare. A positive outlook. Passion. Plus honesty. ’Cause it’s so easy to be negative, take things for granted, and lie, you know?” (Second Thread—Qualifier)

Group: “So true.”

You: “You’re gonna love what your ring says about you.” (First Thread—Personality Test)

Group: “Wait, who are you?”

You: “I’m Justin Credible.”

Group: “Hahaha!”

You: “First name Justin, last name Credible.”

Group: “No it’s not.”

You: “Yes it is. Okay, so back in ancient Greece each finger represented a god and the finger you chose to put a ring on would honor that god.

“For example, the thumb was Hades and just like the thumb is separate from the other fingers, the person who chooses to put a ring here means they’re independent, they don’t follow other people’s trends but make their own.

“This finger represented Zeus. And just like when a mother scolds her child…”

You nag your index finger.

You: "...a person who puts a ring on this finger like to take charge. This finger..."

You give them the bird.

You: "...represented Dionysus. And just as this finger represents something that's not G-rated, Dionysus was the god of wine and partying and having a great time. The person who puts a ring on this finger has a little bit of a wild side."

They laugh.

Girl #2: "Yes!"

You: "Whoa, you ARE the wild one."

They laugh again.

You: "This ring is real cool, it was Aphrodite, the goddess of love. Apparently it's the only finger that has a vein that connects directly to your heart. Isn't that cool? So, the person who puts a ring on this finger is connecting with her heart."

Group: "Awww."

You: "So, that tells me you've got a big heart. The pinky represented Ares, the god of war, and you'll notice a lot of mobsters wear a ring on this finger."

Group: "Oh yeah...!"

You: "The person who puts a ring on this finger has some sort of inner-conflict and likes to fight.

"And if you don't wear rings, like me, you were aligned with Hermes the messenger god. He was mischievous and loved to play pranks on the gods. So, the person who doesn't wear rings likes to travel, is open-minded, and has a bit of a mischievous side."

Group: “Cool.”

You: “Isn’t it? How true was it for you?”

Group: “So accurate. Where are you from?”

STEP FOUR. QUALIFY

You: “From the glimmer in my father’s eye.”

Group: “No, really.”

You: “I’m part Italian, part Caribbean, and all bookworm. Go figure.”

They laugh.

You: “So how do you all know each other?”

They answer.

You: “I wonder which one of you is the black sheep.”

Girls: “She is! She is!”

Target: “Yeah, that’s kind of true. I am.”

You: “I gotta watch out for you then. Okay, so you know my passion in life. Writing. But what’re you all passionate about?” (Second Thread—Qualifier)

Group: “Um, I have no idea.”

You: “What’s something you really enjoy doing? You could do for hours and hours, you wouldn’t even have to get paid for it.” (Second Thread—Qualifier)

Girl #1: “I enjoy shopping.”

You: "Cool. Shopping is fun. Amazon. Hello. Got a favorite place to shop?"

Target: "Victoria's Secret."

You: "Ah, yes. Another of my favs."

They chuckle.

You: "What about you?"

Girl #2: "I always used to like to draw."

You: "You don't anymore?"

Girl #2: "I don't know. I don't have time."

You: "But I bet you'd love it if you did."

Girl #2: "I know."

You: "I love drawing, too. It's like time falls away when you draw, you know? What about you?"

Target: "I'm not sure."

You: "Well, what's something you enjoyed doing when you were like four?"

Target: "I love animals."

STEP FIVE. STATE INTEREST AND CLOSE

You: "That's it. We're getting married. We're gonna fly to Vegas tomorrow and get married... by a midget Elvis. You'll be Catwoman, and I'll be Batman. It'll be awesome." (Statement-Of-Interest)

The Group laughs.

You: “Are you single?” (Finding Availability/Close)

Target: “Yes.”

You: “Kinda like this one. Hey, would it be okay if I talked to your friend for a sec? I’ve been kinda mean to her.” (Close)

Group: “It’s up to her.”

You: “Great meeting you all.” (Close)

Group: “You too.”

::: COMFORT PHASE (RAPPORT/CONNECTION) :::

You don’t have to take her away from her friends. If you do, her friends may worry.

So, turn your body towards your target like you’re having a one-on-one side conversation with her within her group. It’ll likely make your target and her friends feel more comfortable. (Close)

You: “So, who are you? Beyond these flashing lights?” (Second Thread—Qualifier)

Target: “I don’t know. What do you mean?”

You: “Like, what would make someone want to get to know you better? Outside your looks. What’re like your three best qualities?” (Second Thread—Qualifier)

Her: “Um... I’m loyal. I’m giving. And I’m passionate.”

You: “Alright I’m liking you more and more.”

Her: "What about you?"

You: "I'd rather listen than be judgmental. I like to try to see the good in things. And when the going gets tough, I hang in there."

Her: "Cool."

You: "Hey, are you into personality tests at all?"

Target: "Definitely. I love psychology."

You: "Me too. Okay, I've got this really cool psychological test to see how screwed up you are." (Rapport Thread with play-fighting)

Target laughs.

You: "It's just four questions, but it's really fun and not many people know this about themselves." (Rapport Thread, hooking with intrigue and self-interest)

Target: "Let's do it."

You give a get-to-know-you psychological quiz like the Cube or Style's E.V.

By the way, I've got a sweet test that IS just four questions, but I'm running out of space here. Check out "My Routines Collection" or "The Mystery of Women" for it. You've got Style's E.V. (page 28) and The Cube (page 50) in the meantime.

Anyway, listen to her, get curious about her, and ask her about things she said that caught your mind. Share yourself as well. And don't be afraid to sprinkle in a little play-fighting here and there too.

SEED THE CLOSE

Somewhere in the conversation, mention:

You: "By the way, there's this great coffee shop called Bard. Ever been?"

Target: "No."

You: "It's awesome. You've gotta check it out sometime. Anyway..."

Don't invite her. Yet. Keep talking about whatever you were talking about. Maybe more about the psychological test.

KISS

Feel free to kiss her here too:

You: "Oh my God, I'm trying so hard not to kiss you. But I shouldn't." (Kiss Close, make the move but push her away before she does)

Her: "Why not? I wanna kiss you, too."

You: "Well, on a scale of one to ten how good of a kisser are you?"

Target: "Ten of course."

You: "No you're not."

Target: "Yes I am."

You kiss her.

You: "Hm. Four."

She hits your arm.

Target: "I'm a 10."

You: "Try again."

You smile. She kisses you this time.

You: "Okay, now THAT was a nine point five."

If you wanna take things to a more sexual level, another great routine to use here is Style's Evolutionary Shift routine. It's in "My Routines Collection," but you can also find it on my site, whetyourwoman.com.

DAY 2 CLOSE

In any event, after about twenty-five to forty minutes of connecting and getting to know each other, rejoin her friends. You can say something like:

You: "I could talk with you forever. I really enjoyed talking with you." (Day 2 Close)

Be about to leave...

Target: "Wait, let me give you my number. Maybe we could get a cup of coffee sometime."

By the way, if she doesn't chase you here... and I'm sure she will... but if she doesn't, stop before leaving and say:

You: "You know what? I'd love to see you again. I wonder how we can?"

If she doesn't suggest a cup of coffee... again, I'm sure she will... but if she doesn't, suggest it.

You: "How about a cup of coffee?"

Target: "I'd love to."

You: "Let's do it. When are you free?"

Target: "Tuesday."

You: "Oh! We could go to Bard. You've never been, right?"

Target: "No."

You: "Oh, you'll love it. But don't expect anything more than great conversation. (Play-fighting tongue-in-cheek) How about 1pm?"

Target: "Sounds great."

You: "Tuesday, 1pm at Bard it is. Here's my number."

You type her name and number into your phone. Hand her your phone. She types her number in.

DON'T just get up and leave here. Talk with her for at least five more minutes. So she doesn't feel buyer's remorse over giving you her number. You could talk about anything. But here's that "cutsie" thing you could do. Call her right there and then on your cell.

She picks up:

Target: "Hello?"

You: "Hey! Oh my God, I just met this great girl. She's really cute and smart and I'm really excited about meeting her for a cup of tea on Tuesday. It's gonna be awesome."

Target: "Hahaha."

Play around with it. Then hang up.

You: "I'm hungry. We should rejoin your friends and grab a bite to eat."

Target: "I'd love that."

If you really like this girl, see if you can bounce her to another venue like a pizza joint. If you spend three more hours with her that night she'll feel very safe going home with you... logistics willing.

If not, no sweat. You've still got that Day 2 to look forward to.

NOTE: This is an ideal approach. Don't expect it to go perfectly like this every time. Expect AT BEST a 50% success rate. Again, it's more about the journey and what you learn along the way than getting to the "destination."

So, throw away trying to "get" girls. Instead, make this approach about meeting new people, making their night a little better, giving value, and developing yourself in the process.

Even if your approach isn't a success, you'll still make girls feel attractive just by approaching them. And you'll still make their night better by giving value. Plus: you're stepping closer to more self-confidence, more self-awareness.

Win-win all around. I'd say that's still a success.

Once more, you can find ALL my routines in "My Routines Collection." Every routine for every situation I've been in is in there.

And for more on the three fundamentals of game (play-fighting, appreciating, masculinity) and how to apply them to the ENTRIE game (courtship, sex, relationships, advanced game) check out "Mystery of Women."

My goal in that book is to make sure you get this part of your life handled. So you won't need another "pickup" product again. It even comes with a day-by-day practice plan to ensure your success.

Thanks for reading, man. Go out and kill it TODAY. And I'll talk with you again soon.

Yours truly,
Renaissan

Total Approaches:_____

Total Blowouts:_____

Total Phone number or Email closes:_____

Total Isolations:_____

Conversations lasting less than five minutes:_____

Conversations lasting more than five minutes:_____

Conversations lasting between fifteen and twenty-five minutes:_____

In this section, jot down what you need to STOP doing, what you need to START doing instead, and what you did great so you'll CONTINUE doing that.

Don't just dwell on the negative. It's as important to dwell on the positive. This'll keep your confidence strong.

Stop:_____

Start:_____

Continue:_____

Other Notes on what I learned tonight: